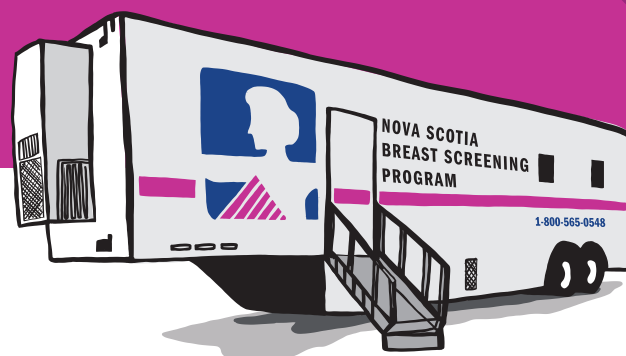


Nova Scotia Breast Screening Program

Screening Mammogram: 2023 Mobile Schedule



What is a screening mammogram?

A screening mammogram is two X-ray pictures of each breast performed by a highly trained mammography technologist.

WHY ARE THEY IMPORTANT?

A screening mammogram looks for breast cancer in women who do not have breast symptoms. Screening mammograms can find breast cancer in its early stages, even before a lump can be felt. Women with symptoms such as a lump or new skin dimpling should see their health care provider immediately to determine if other testing is required.

WHO IS ELIGIBLE?

- Every 2-3 years for women aged 50-74
- Women ages 40-49 and 75+ can self-refer into the Program, if they choose
- No breast implants
- No previous breast cancer
- No new breast symptoms

HOW DO I BOOK ONE?

You can make the appointment yourself by calling the Nova Scotia Breast Screening Program (NSBSP). You do not need referral from a health care provider to book a screening mammogram. **Call 902-473-3960 or 1-800-565-0548 (toll free).**

WHERE DO I GO?

Mammograms can be done at one of our 11 fixed sites or 30 mobile stops across NS.

This year's mobile schedule is provided here or you can check breastscreening.nshealth.ca for a list of NSBSP permanent locations.

On the Day of your Screening Mammogram:

- > Bring your health card.
- > Wear a 2 piece outfit with a top that buttons up the front. You will be asked to undress from the waist up.
- > Do not use deodorant, powder, creams or lotions on the day of your appointment. These products may show up on the X-ray picture and make it harder to read your mammogram.
- > **Be Breast Aware.** See your health care provider about any new breast symptoms even if you have recently had a normal mammogram.

Nova Scotia Breast Screening Program

Screening Mammogram: 2023 Mobile Schedule



MOBILE LOCATION

Glace Bay	Glace Bay General Hospital
New Waterford	New Waterford Consolidated Hospital
North Sydney	Northside General Hospital
Neil's Harbour	Buchanan Memorial Hospital
Cheticamp	Sacred Heart Hospital
Inverness	Inverness Consolidated Memorial Hospital
Pictou Landing	Pictou Landing First Nation Health Centre
Tatamagouche	Lillian Fraser Memorial Hospital
Parrsboro	South Cumberland Community Care Centre
Indian Brook	Indian Brook Health Centre
Kennetcook	Guardian Pharmacy
Hantsport	Glooscap First Nation Health Centre
Middleton	Soldiers Memorial Hospital
Digby	Digby General Hospital
Long Island	Royal Canadian Legion
Comeauville (Clare)	Radio CIFA Building
Shelburne	Roseway Hospital
Liverpool	Queens Place Emera Centre
Caledonia	North Queens Community Health Center
North Preston	North Preston Community Centre
Sheet Harbour	Eastern Shore Memorial Hospital
Sherbrooke	St. Mary's Hospital
Guysborough	Guysborough Memorial Hospital
Canso	Canso Medical Centre
Arichat	St. Anne's Community & Nursing Care Centre
Cleveland	Strait Richmond Hospital
Whycomomagh	Waycobah First Nations Health Centre
Baddeck	Victoria County Memorial Hospital
Eskasoni	Eskasoni Health Center
Sydney	Cape Breton Regional Hospital

DATE OF VISIT

March 22 – April 18
April 19 – May 2
May 3- 24
May 25 – 31
June 1 - 14
June 15 - 24
June 26
June 27 – 30
July 3 – 4
July 5 - 6
July 7 - 8
July 10
July 11- 29
July 31 - August 16
August 17 - 18
August 19 - 26
August 28– September 7
September 8 - 20
September 21 - 23
September 25 - 26
September 27 – October 4
October 5 - 7
October 10 - 13
October 14 - 17
October 18 - 26
October 27 - November 10
November 13 - 14
November 15 - 25
November 27 – 30
December 1 - March 2024

**Dates are subject to change if the program encounters any staffing issues, workload changes or equipment breakdowns.*



Call 1-800-565-0548 to book an appointment on a date and at a location that is most convenient to you.

