



## NOVA SCOTIA BREAST SCREENING PROGRAM

### WHAT TO EXPECT IF MY MAMMOGRAM IS NORMAL

If your mammogram is reported as normal both yourself and your primary care provider will be sent a letter in the mail explaining this.

Your screening letter will notify you when to return for your next mammogram. You can call 1-800-565-0548 to book this appointment. As a reminder, we send a postcard to you 3 months prior to your due date.

### WHAT HAPPENS IF MY MAMMOGRAM IS ABNORMAL?

It is common for 5-10% of individuals to be called back for more images. If additional images are needed, we will mail you a letter telling you the time and date of your follow-up appointment.

Often, you are called back because your tissue is overlapping, making it difficult to see through. Once pressed out, a normal report is usually given.

90% of recalled screening mammograms turn out to be normal after further imaging is performed. Even though more testing is sometimes needed after a screening mammogram, it does not mean you have breast cancer.

Nova Scotia Breast Screening Program  
902-473-3960 or toll-free 1-800-565-0548  
[breastscreening.nshealth.ca](http://breastscreening.nshealth.ca)

