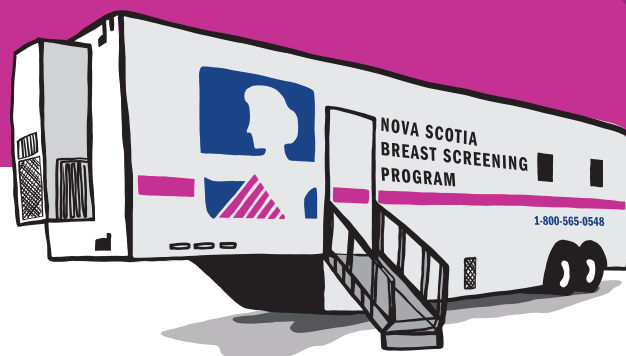


Nova Scotia Breast Screening Program

Screening Mammogram: 2021 Mobile Schedule



What is a screening mammogram?

A screening mammogram is two X-ray pictures of each breast performed by a highly trained mammography technologist.

WHY ARE THEY IMPORTANT?

A screening mammogram looks for breast cancer in women who do not have breast symptoms. Screening mammograms can find breast cancer in its early stages, even before a lump can be felt. Women with symptoms such as a lump or new skin dimpling should see their health care provider immediately to determine if other testing is required.

WHO IS ELIGIBLE?

- Every 2-3 years for women aged 50-74
- Women ages 40-49 and 75+ can self-refer into the Program, if they choose
- No breast implants
- No previous breast cancer
- No new breast symptoms

HOW DO I BOOK ONE?

You can make the appointment yourself by calling the Nova Scotia Breast Screening Program (NSBSP). You do not need referral from a health care provider to book a screening mammogram. **Call 902-473-3960 or 1-800-565-0548 (toll free).**

WHERE DO I GO?

Mammograms can be done at one of our 11 fixed sites or 30 mobile stops across NS.

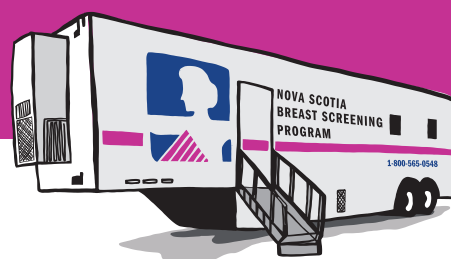
This year's mobile schedule is provided here or you can check breastscreening.nshealth.ca for a list of NSBSP permanent locations.

On the Day of your Screening Mammogram:

- > Bring your health card.
- > Wear a 2 piece outfit with a top that buttons up the front. You will be asked to undress from the waist up.
- > Do not use deodorant, powder, creams or lotions on the day of your appointment. These products may show up on the X-ray picture and make it harder to read your mammogram.
- > **Be Breast Aware.** See your health care provider about any new breast symptoms even if you have recently had a normal mammogram.

Nova Scotia Breast Screening Program

Screening Mammogram: 2021 Mobile Schedule



COMMUNITY	MOBILE LOCATION	DATES
1. Glace Bay	Glace Bay General Hospital	March 25–April 21
2. New Waterford	New Waterford Consolidated Hospital	April 22–May 5
3. North Sydney	Northside General Hospital	May 6–26
4. Neil's Harbour	Buchanan Memorial Hospital	May 27–June 2
5. Cheticamp	Sacred Heart Hospital	June 3–16
6. Inverness	Inverness Consolidated Memorial Hospital	June 17–26
7. Pictou Landing	Pictou Landing First Nations Health Centre	June 28
8. Tatamagouche	Lillian Fraser Memorial Hospital	June 29–July 3
9. Parrsboro	South Cumberland Community Care Centre	July 5–6
10. Indian Brook	Indian Brook Health Centre	July 7–8
11. Kennetcook	Guardian Pharmacy	July 9–10
12. Hantsport	Glooscap First Nation Health Centre	July 12
13. Middleton	Soldiers Memorial Hospital	July 13–31
14. Digby	Digby General Hospital	August 3–18
15. Long Island	Royal Canadian Legion	August 19–20
16. Comeauville (Clare)	Radio CIFA Building	August 21–28
17. Shelburne	Roseway Hospital	August 30–Septmeber 8
18. Liverpool	Queens Place Emera Centre	September 9–18
19. Caledonia	North Queens Community Health Center	September 20–22
20. North Preston	North Preston Community Centre	September 23–24
21. Sheet Harbour	Eastern Shore Memorial Hospital	September 27–October 2
22. Sherbrooke	St. Mary's Hospital	October 4–6
23. Guysborough	Guysborough Memorial Hospital	October 7–9
24. Canso	Canso Medical Centre	October 12–14
25. Arichat	St. Anne's Community & Nursing Care Centre	October 15–23
26. Cleveland	Strait Richmond Hospital	October 25–November 6
27. Whycocomagh	Waycobah First Nations Health Centre	November 8–9
28. Baddeck	Victoria County Memorial Hospital	November 10–20
29. Eskasoni	Eskasoni Health Center	November 22–25
30. Sydney	Cape Breton Regional Hospital	November 26–March 2022

**Dates are subject to change if the program encounters any staffing issues, workload changes or equipment breakdowns.*



Call 1-800-565-0548 to book an appointment on a date and at a location that is most convenient to you.

